

## A person-centred approach<sup>™</sup>

**Ben Breen is a HAIL client, who moved into his apartment in Blackrock, County Dublin, in 2024.**

*"It's amazing, the apartment is lovely and everything is so central. Shane is my Support Worker, he meets me at least once a week and we go for coffee. I work down the road too and we fit it in around that.*

*"I got linked in with HAIL through the local mental health services and was on the housing waiting list.*

*"I slotted straight in. I'm originally from Stillorgan so I'm very close to where I grew up, so I can meet up with my sister, with my Dad and my Mam, I'm still close to that community.*

*"There are two other tenants in the same location, we knew each other before coming here. There's also HAIL music groups, and a Men's group, and so there's great community.*

*"I couldn't fault HAIL, everything is 'no problem, if we can help we will'."*

### **Ireland's Specialist Mental Health Housing Association**

Founded in 1985, the Housing Association for Integrated Living (HAIL) is Ireland's specialist mental health housing association.

As an Approved Housing Body, HAIL provides high-quality social housing and mental health tenancy sustainment services, supports people to live independently in their homes and communities.

HAIL received HFA Certified Borrower Status in 2015 and drew down its first loan with the HFA in 2016.

Melanie Plesker-Sheerin is a Mental Health Tenancy Sustainment Officer in Sligo. After initially starting work for HAIL through a scheme supported by the HFA Social Investment Fund in 2022, she still works part-time for the AHB.

*"My job involves helping people with mental health issues moving into the community and helping tenants live independently, especially if they may potentially have difficulties maintaining their tenancy," she said.*

*"It's a person-centred approach. Having someone call to their house regularly helps with their integration and helps lower their social anxieties and helps create healthy routines, the contact is so important."*

## HAIL Ben's Story

